



Annex 1_ Across Experienced Researchers (R2–R4) Mobility Grants Programme – grant rates overview

Travel financial support

Participants receive travel financial support depending on the distance band and means of travel (Green travel top-up available, eligibility criteria for green travel top-up should be in line with the institutional regular E+ guidelines). Distance between sending and receiving universities will be calculated using an online tool: <https://erasmus-plus.ec.europa.eu/hu/resources-and-tools/distance-calculator>.

Travel financial support		
Distance	Green Travel	Standard travel
10–99 km	56 EUR per participant	28 EUR per participant
100–499 km	285 EUR per participant	211 EUR per participant
500–1,999 km	417 EUR per participant	309 EUR per participant

In case of accumulative mobilities including two physical components, travel support can be granted only once.

Subsistence financial support

Subsistence financial support		
Duration of physical mobility	Receiving country:	
	Bulgaria, Poland, Romania, Bosnia and Herzegovina	Germany, France, Italy, Slovenia, Spain
2 weeks rate	400 €	430 €
3 weeks rate	500 €	535 €
1 month rate	600 €	670 €

Inclusion support

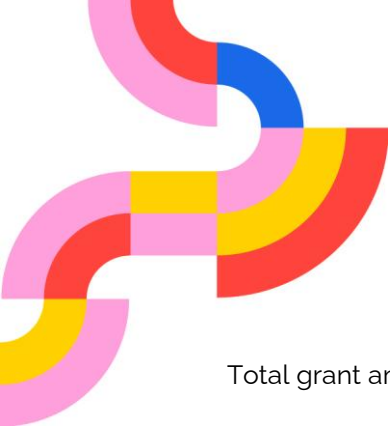
Participants with fewer opportunities (eligibility criteria for inclusion top-up should be in line with the institutional regular E+ guidelines) undertaking physical mobility receive a top-up to the basic individual grant of **€100** for the physical mobility activity lasting up to 2 weeks, and **€150** for the physical mobility activity lasting longer than 2 weeks (up to 1 month).

Examples:

- 1) Type of participant: regular
Sending institution: TUC
Receiving institution: UNIBL
Mobility duration: 2 weeks
Main means of travel: plane

Travel allowance (Chemnitz-Banja Luka distance 745,31 km; standard travel): 309 €
Living allowance (2 weeks, rate for Bosnia and Herzegovina): 400 €





Total grant amount: 709 €

- 2) Type of participant: fewer opportunities
Sending institution: UR
Receiving institution: UdG
Mobility duration: 1 month
Main means of travel: bus

Travel allowance (Ruse-Girona distance 1889.17 km; green travel): 417 €

Living allowance (1 month, rate for Spain): 670 €

Fewer opportunities top-up: 150 €

Total grant amount: 1237 €

- 3) Type of participant: fewer opportunities
Sending institution: BUT
Receiving institution: UNIUD
Mobility duration: 18 days (2 weeks + 4 days)
Main means of travel: train, bus

Travel allowance (Bialystok-Udine distance 1060.78 km; green travel): 417 €

Living allowance (2 weeks, rate for France + 4 additional days not financed): 430 €

Fewer opportunities top-up: 100 €

Total grant amount: 947 €

